



PCHS and FMS Offer Student Breakfast

Beginning Tuesday, January 20, 2009, PCHS and FMS will be offering the ***Grab and Go Breakfast*** for \$1.75. Families who qualify for the Free or Reduced Lunch program may take advantage of the program at **no charge**. Eligibility forms, information, and applications for the Free and Reduced Lunch program can be obtained by contacting Stephine Galyean at (303) 838-7666, extension 1247.

The Grab and Go Breakfast Process

Each morning between 7:00 and 7:30 am, students may purchase a *Grab and Go Breakfast* before school and take it to their classroom.

Payment Options

Grab and Go Breakfasts may be purchased individually per day or by the week for \$8.75. To purchase by the week, please send cash or a check made payable to PCHS or FMS with your child the next morning and an account will be established for them.

Grab and Go Breakfast Menu

Each week, the following menu will be served:

- **Monday:** Milk, ½ cup fruit, and 3 oz. bagel with cream cheese
- **Tuesday:** Milk, ½ cup fruit, and English muffin with sausage
- **Wednesday:** Milk, ½ cup of fruit, and 4 oz. yogurt
- **Thursday:** Milk, ½ cup juice, 1oz. cheese stick, and 1 oz. cereal
- **Friday:** Milk, ½ cup fruit, and 2 1/8 oz. muffin

Please contact Patsy Gautney at 303-838-7666, extension 1445 if you have any questions. Free and Reduced Lunch eligibility can be addressed by Stephine Galyean as listed above.

Platte Canyon School District #1 complies with non-discrimination statutes and constitutional provisions. No otherwise qualified student, employee, applicant for employment or member of the public shall be excluded from participation in, be denied the benefits of or be subjected to unlawful discrimination in any District program or activity on the basis of race, creed, color, sex (which includes marital status), sexual orientation, national origin, religion, ancestry, disability or need for special education services. Discrimination against employees and applicants for employment based on age is also prohibited in accordance with state and federal law. Superintendent, James W. Walpole, Platte Canyon School District, P.O. Box 295, Bailey, Colorado 80421, phone: 303-838-7666, extension 1000 is the individual designated to coordinate Title IX, Section 504, and ADA compliance activities.