

AUGUST 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																			
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8	9	10	11	12	13	14																																																																																			
15	16	17	18 CHICKEN FAJITA *NACHOS OR SALAD BAR refried beans rice fresh or canned fruit and milk	19 SPAGHETTI PIZZA OR SALAD BAR green beans garlic bread fresh or canned fruit and milk	20 TURKEY WRAP HOT WINGS OR SALAD BAR vegi stix's spaghetti salad fresh or canned fruit and milk	21																																																																																			
22	23 TOSTADA TACOS OR SALAD BAR lettuce , tomtoes, & cheese rice fersh or canned fruit and milk	24 BAKED CHEESE HAMBURGER OR SALAD BAR soup lettuce and tomtoes fresh or canned fruit and milk	25 SOUP NACHOS OR SALAD BAR salad cornbread fresh or canned fruit and milk	26 HAMBURGER PIZZA OR SALAD BAR salad trail mix fresh or canned fruit and milk	27 CORN DOG HOT WINGS OR SALAD BAR three bean salad veggie stix's fresh or canned fruit and milk	28																																																																																			
29	30 PIZZA TACOS OR SALAD BAR salad trail mix fresh or canned fruit and milk	31 HOT WINGS HAMBURGER OR SALAD BAR rounds mac salad fresh or canned fruit and milk	BURRITO SUPER NACHOS rice lettuce & tomatoes fresh or canned fruit and milk	SOUP PIZZA OR SALAD BAR salad biscuit/trail mix fresh or canned fruit and milk	BBQ SANDWICH HOT WINGS OR SALAD BAR veggie stix's baked beans fresh or canned fruit and milk																																																																																				
			<p align="center">July 2010</p> <table border="1"> <thead> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>Th</th> <th>F</th> <th>Sa</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> </tr> </tbody> </table>	S	M	T	W	Th	F	Sa					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	<p align="center">September 2010</p> <table border="1"> <thead> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>Th</th> <th>F</th> <th>Sa</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> </tr> <tr> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> </tr> <tr> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> </tr> <tr> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> </tr> <tr> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> <td></td> </tr> </tbody> </table>	S	M	T	W	Th	F	Sa				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30			<p>Notes:</p> <p align="center"><u>*SECOND LUNCH CHOICE AND SALAD BAR AT FMS/PCHS ONLY</u></p>
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			<p align="center">www.vertex42.com</p>		<p align="right">© 2009 Vertex42 LLC</p>																																																																																				