

# SEPTEMBER 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
			<b>1 BURRITO</b> *NACHOS OR SALAD BAR corn lettuce & tomatoes fresh or canned fruit and milk	<b>2 SOUP</b> PIZZA OR SALAD BAR salad bread stix fresh or canned fruit and milk	<b>3 BBQ SANDWICH</b> HOT WINGS OR SALAD BAR veggie stix's baked beans fresh or canned fruit and milk	<b>4</b>																																																																																											
<b>5</b>	<b>6</b>	<b>7 BAKED CHICKEN</b> HAMBURGER OR SALAD BAR rounds corn fresh or canned fruit and milk	<b>8 FISH</b> NACHOS OR SALAD BAR rice lettuce and tomatoes fresh or canned fruit and milk	<b>9 MAC AND CHEESE</b> PIZZA OR SALAD BAR peas cornbread fresh or canned fruit and milk	<b>10 CHILE</b> HOT WINGS OR SALAD BAR coleslaw cinnamon roll fresh or canned fruit and milk	<b>11</b>																																																																																											
<b>12</b>	<b>13 FRENCH TOAST</b> TACOS OR SALAD BAR hashbrowns /rice eggs /lettuce& tomatoes fresh or canned fruit and milk	<b>14 PIZZA</b> HAMBURGER OR SALAD BAR lettuce & tomatoes veggie stix's fresh or canned fruit and milk	<b>15 TUNA SALAD PITA</b> NACHOS OR SALAD BAR black bean salad cookie fresh or canned fruit and milk	<b>16 LASAGNA</b> PIZZA OR SALAD BAR salad garlic bread fresh or canned fruit and milk	<b>17 TACOS</b> HOT WINGS OR SALAD BAR lettuce, tomatoes, & cheeses snack-n-bread fresh or canned fruit and milk	<b>18</b>																																																																																											
<b>19</b>	<b>20 NACHOS</b> TACOS OR SALAD BAR lettuce, tomatoes, & cheese rice fresh or canned fruit and milk	<b>21 HOT DOG</b> HAMBURGER OR SALAD BAR lettuce & tomatoes rounds fresh or canned fruit and milk	<b>22 CHICKEN FAJITA</b> NACHOS OR SALAD BAR Refried beans rice fresh or canned fruit and milk	<b>23 SPAGHETTI</b> PIZZA OR SALAD BAR green beans garlic bread fresh or canned fruit and milk	<b>24 TURKEY WRAP</b> HOT WINGS OR SALAD BAR veggie stix's spaghetti salad fresh or canned fruit and milk	<b>25</b>																																																																																											
<b>26</b>	<b>27 TOSTADA</b> TACOS OR SALAD BAR lettuce, tomatoes, & cheese rice fresh or canned fruit and milk	<b>28 BAKED CHEESE</b> HAMBURGER OR SALAD BAR soup lettuce and tomatoes fresh or canned fruit	<b>29 SOUP</b> NACHOS OR SALAD BAR salad cornbread fresh or canned fruit and milk	<b>30 HAMBURGER</b> PIZZA OR SALAD BAR salad trail mix fresh or canned fruit and milk	<b>CORN DOG</b> HOT WINGS OR SALAD BAR three bean salad veggie stix's fresh or canned fruit and milk																																																																																												
		<b>August 2010</b> <table border="1"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>Sa</th> </tr> </thead> <tbody> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </tbody> </table>		S	M	T	W	Th	F	Sa	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					<b>October 2010</b> <table border="1"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>Sa</th> </tr> </thead> <tbody> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table>		S	M	T	W	Th	F	Sa						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							<b>Notes:</b>  <b><u>*SECOND LUNCH CHOICE AND SALAD BAR AT FMS/PCHS ONLY</u></b>
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