



INSTRUCTIONS FOR ACTIVITY PARTICIPATION FORMS

Before a student is permitted to participate in a PCHS athletic activity, Participation Forms #1 and #2 and the Emergency Card must be turned into the High School Office along with the participation fee. PARTICIPATION FORMS NEED ONLY BE SUBMITTED ONCE IN THE COURSE OF A SCHOOL YEAR. A NEW EMERGENCY CARD MUST BE FILLED OUT FOR EACH SPORT.

Students participating in an athletic program must have an updated annual physical on file. Speech participants are not required to have physicals. Physicals need to be recorded on Form 1, section C.

ALL activity participants (athletic & speech) are required to show the school proof of insurance. The School District makes available student insurance plans which offer coverage for accidents or injury while participating in a high school activity. The School District is relieved of liability for accidents or injuries connected in any way with its structured and supervised activities.

ALL activity participants (athletic & speech) will be assessed a participation fee of \$25.00. THIS NEEDS TO BE PAID PRIOR TO PARTICIPATION Make checks payable to PCHS and memo the athlete's name and activity on the check. Refunds of the fee will be made up to the athlete's participation in a sanctioned contest.

ATHLETES– You may register an athlete any time in August once the school office opens.

- 1. Turn in both forms & Emergency Card with all sections completed to the office.**
- 2. Pay Participation Fee**

SPEECH TEAM MEMBERS

- 1. Turn in Form 1 (section B only) form 2 and the Emergency Card complete to the office.**
- 2. Pay Participation Fee.**

2010-11 PCHS ACTIVITY PARTICIPATION FORM 1

(PLEASE PRINT NEATLY)

Student name- _____ Parent/Guardian _____

Address _____

Phone h- _____ w _____ -c _____

Grade - _____ Date of Birth - _____ E-mail _____

Check if you are: Home schooled _____ Transfer from another district _____

List schools attended in the last 12 months- _____

List sports participated in the last 12 months _____

List sports for the upcoming year _____

Note: Speech team members only need to complete section B.

(PLEASE READ CAREFULLY!)

A. RISK OF INJURY ACCEPTANCE AND PARENTAL CONSENT NOTICE TO ATHLETES AND PARENTS OR GUARDIANS

SERIOUS, CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION.

By its very nature, competitive athletics may put students in situations in which **SERIOUS CATASTROPHIC** and perhaps, **FATAL ACCIDENTS** may occur.

Many forms of athletic competition result in violent physical contact among players, the use of equipment, which may result in accidents, strenuous physical exertion and numerous other exposures to risk of injury.

Students and parents must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice and risk; athletic participation by high school students also may be inherently dangerous. The obligation of parents and students in making this choice to participate cannot be over-stated. There have been accidents resulting in death, paraplegia, quadriplegia and other very serious permanent physical impairment as a result of athletic competition.

By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge that such risk exists.

By choosing to participate, you, the student, acknowledge that such risk exists.

Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students must adhere to that instruction and utilization and **must** refrain from improper uses and techniques.

As previously stated, no amount of instruction, precaution, and supervision will totally eliminate all risk of serious, catastrophic or even fatal injury.

If any of the foregoing is not completely understood, please contact the athletic director for further information.

By signing below the parent/guardian and student participant acknowledge that they understand the above notice and warning.

Signed: _____ Date: _____
Parent or Guardian

Signed: _____ Date: _____
Athlete

B. PROOF OF INSURANCE

Parent/Guardian must check one of the following:

_____ I currently have in force a medical insurance policy which covers athletic injuries relieving Platte Canyon School District from any and all liability for medical injuries incurred as a result of athletic/activity participation.

NAME OF COMPANY - _____

_____ I do not have insurance and will purchase school insurance through the current District accepted company.

DATE PURCHASED - _____ Office initials - _____

**C. STUDENT-ATHLETE PROOF OF PHYSICAL (For athletic participation- Not required for SPEECH)
FOR PHYSICIAN USE**

I hereby certify that I have examined _____ and I find this Student-athlete physically fit to engage in high school sports.

Physician comments (if necessary) _____

Physician Signature- _____ Date _____

2010-11 PCHS ACTIVITY PARTICIPATION FORM 2
(PLEASE READ CAREFULLY)

A. PARENT/GUARDIAN CODE OF CONDUCT ACKNOWLEDGEMENT

I will always remember that the PLAYING FIELD IS AN EXTENSION OF THE CLASSROOM and I will treat it as such with due respect. I will discourage aggressive behavior and profanity towards coaches, players, officials and other spectators. I will applaud good play from both teams and respect the difficult work and decisions of game officials.
I will encourage sportsmanship by showing respect and courtesy, and by demonstrating support for all players, coaches, officials, and spectators. I will go to the coach first if a concern arises. I will contact the athletic director if the concern is not addressed by the coach.
I will use the 24 Hour Rule when a problem does arise with a coach that upsets me. I will wait 24 hours to calm down and then approach the coach in a decent manner with my concerns.
I will never approach a coach with a concern before a game or during a practice.
I will never suggest to a coach who should start or who should play where.
I will monitor and support my child's academic progress & growth.
I will refrain from "coaching" my child from the sideline.
I will be prompt when picking up my child from practices and events.
I will inform the coach about any physical or mental health concern of my child.
I will treat all individuals with decency and respect.
I will remember that the competition arena is an extension of the classroom and act accordingly.
I agree to support and promote the SPORTSMANSHIP STATEMENT: PCHS and the Metropolitan League promote good sportsmanship by students, athletes, coaches, parents, and spectators. Cooperation is requested by supporting the participants and officials in a positive manner. Profanity, racial, or sexist comments, or other intimidating actions directed at anyone during the course of a contest will not be tolerated and are grounds for removal from the site of competition. It is the belief of PCHS and the Metro League "WHAT WE PERMIT, WE PROMOTE". All are encouraged to promote a positive, competitive Spirit and enjoy the fellowship of the Metropolitan League.

PARENT/GUARDIAN ACKNOWLEDGEMENT

I have read and understand the expectations of the Parent Code of Conduct as well as the rest of the information in the Activity Participation Handbook. IF APPLICABLE, BOTH PARENT/GUARDIAN SIGNATURES ARE REQUIRED.

Parent/Guardian Signature	Date	Parent/Guardian Signature	Date
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B. STUDENT-ATHLETE and or SPEECH TEAM MEMBER ACKNOWLEDGEMENT

I understand and agree to abide by all academic eligibility standards, including school attendance.
I understand and agree to abide by all codes of conduct standards delegated by the school district, League and CHSAA.
I will commit to my team by maintaining a high academic standard and adhere to all team training, conduct and attendance policies.
I will demonstrate good sportsmanship at all times to all opponents and officials.
I will treat all individuals with decency and respect.
I will remember that the competition arena is an extension of the classroom and act accordingly.

I have read the Activity Participation Handbook and understand and agree to the rules and codes of conduct expected of me as a student-athlete and or speech team member by Platte Canyon High School, the Frontier League and the Colorado High School Activities Association (CHSAA). I freely accept the expectations from these organizations and commit myself to a high level of citizenship by respecting myself, others and the property of others.

Athlete's Signature	Date
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